

The 5 objectives of Ruqyah SA are to:

1. Relieve people who are suffering due to Sihr, 'Ain and Jinn.
2. Protect the Imaan and Aqeedah of the Muslims from shirk.
3. Be a source of Da'wah to non-Muslims who come for Ruqyah.
4. Fight Shirk, Sihr and Sorcerers.
5. Teach Ruqyah to eradicate the business of Aamils or Ruqaa who exploit the affected and want to keep Ruqyah a secret.

The treatment consists of 5 things:

1. Diagnosis
2. Cupping with Ruqyah recitations
3. Psychotherapy if needed
4. Jinn Catching if needed
5. 12 Day treatment pack



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In the event of any complaints or queries regarding treatment practices, exorbitant charges by any Raaqi affiliated to Ruqyah South Africa kindly send an email to ruqyahsaofficial@gmail.com

All correspondence will be treated seriously and confidentially.

THE TREATMENT HAS TO BE CONTINUED UNTIL RELIEVED OF ALL SYMPTOMS, NOT FOR 12 DAYS ONLY.

THE DETERMINATION IS UP TO YOU.

To make the items Quraanic it is done once off and the patient should do the bathing, oiling, incense daily. It is best to read and blow over the items daily, however if one cannot do so, then minimum recite: surah faatiha, aayatul kursi, the three quls, three verses of Moosa alaihis salaam.

Important: The Quranic treatment will not be effective if you use any types of amulets, Ta'weez, rings, bracelets of protection or the like thereof.

Regarding the use of Ta'weez, Hakeem ul Ummah Hazrat Moulana Ashraf Ali Thanwi (A lai hir rah mah) has stated in Tuhfatul Ulamaa:

In magic, if there are any words of kufr used then this results in Kufr, disbelief. For example, taking assistance from the stars, sun, etc.

There is no difference whether this is done to cause harm to someone or to gain benefit without harming anyone.

If the wordings are not understood, then due to the possibility of kufr (disbelief) then it is compulsory to refrain from it.

This explanation includes all types of Ta'weez, patterns, numbers etc.

From the website of Hazrat Mufti Ebrahim Desai (A' lai hir rah mah):

http://www.askimam.org/public/question_detail/18505

There are three conditions for the permissibility of Ta'weez:

- 1. It is in one of the understood languages.**
- 2. It is derived from Quran or Hadith.**
- 3. It is not considered that the Taweez itself is effective, but that Allah Ta'ala puts the effect in the Taweez.**

The use of ta'weez, not only stands in our way of progress in our treatment, refraining from it is crucial for the protection of our Imaan. It is best not to use any type of Ta'weez and stay firm on the Quranic treatment as explained.

Dispose of all Ta'weez, amulets etc. in the following way :

When removing any Ta'weez from oneself, home, or business, recite Surah Falaq, Surah Naas and Ayatul Kursi.

Open all Ta'weez whilst reciting Surah Falaq and Naas.

Take some of the Quranic water you have made.

Place all contents into the Quranic water.

Leave to soak overnight.

Remove from the Quranic water.

Leave to dry. burn.

Those items which do not burn fully, like rings, chains, nails, etc., should also be burnt and buried thereafter.

Pour the used Quranic water into the garden.

What you will require:

1.A large bucket that can accommodate at least 20 litres.

2.Olive oil (or any oil that you can apply to your skin.)

3.Senna leaves

4.Incense sticks

5.Quranic sheets

Quraanic sheets are verses of Quraan printed with edible ink, which dissolves into the water. The Quranic sheet has no symbols, numbers, etc. it only has verses of Quraan. If you do not have Quranic sheets, then reading will suffice. Recitation is as important as the Quraanic sheets. Quraanic sheets can be attained from our online store or from one of our Ruqyah centres.

How to prepare yourself

Choose any time of the day or night where you will have at least an hour of uninterrupted time to yourself (amount of time required depends on the speed and fluency of your Qur'an reading), preferably, after Maghrib or Esha salaah.

If need be, you can break up the different recitations of the treatment into different sessions. It does not have to be in one session. Ensure that you keep the items covered when you are not reciting over them.

Step 1: Make Wudhu with Miswaak, then perform 2 Rakaats of Nafil Salaah, sit in a clean pure place. Open your bucket of water, your oil, incense, senna, etc. Lay them in front of you. Place one of the Quranic sheets you received into the bucket of water.

Step 2: Recite the Ruqyah mentioned under the heading “**What to recite to make items Quraanic**” as well as the specific verses related to your symptoms with intention, concentration, and devotion.

Focus when reading, read with humility and respect, in a way that you are begging Allah (Ta’ala) for assistance.

Read with strength. Do not be read in a soft melodious tune but rather in a stern, aggressive way.

A good way to understand this is that you are using the Quran as a sword. If you strike hard with power, you will obviously cause more damage than if you strike softly or meekly with it.

Know and understand the meaning of what you are reading.

Intention is “THE” most important thing in Ruqyah.

Without intention, and simply doing the treatment ritually will have very little effect.

🙏 Oh Allah cure me from all health issues, all mental issues, all mystical issues, and all spiritual issues,

🙏 Oh Allah cure me from every type of sihr, jinn possession, jinn effect, jealousy, and evil eye.

🙏 Oh Allah remove all blockages from my life,

🙏 Oh Allah remove all forms of separation from my life,

🙏 Oh Allah forgive me for any incorrect treatments I may have done,

🙏 Oh Allah remove all jinn & harm that may have from that incorrect treatment,

🙏 Oh Allah destroy all types of magic affecting me wherever it may be, and however it was made,

🙏 Oh Allah destroy all affecting me inside of my body or outside,

🙏 Oh Allah return the magic to and destroy all magicians making magic on me and my family,

🙏 Oh Allah return the magic to and destroy all those asking magic to be done on me and have hasad (jealousy) for me and my family,

🙏 Oh Allah remove all magic and jinn that may have been passed to me, due to attacks or any other reason, from my previous family generation,

🙏 Oh Allah correct all my worldly problems for the sake of my my deen,

🙏 Oh Allah make this a means of me becoming your beloved,

🙏 Oh Allah grant me cure from everything that is in your knowledge and I do not even know about and have not made the intention for.

Thereafter recite the Ruqyah on the section titled: “General Ruqyah Verses” with concentration & dedication.

Intention should be focussed on during all the different parts of the treatment, not only when reciting.

Step 3:

After completing your reading, blow hard with a light spitting motion (three times) on your hands and body and rub your whole body starting with your face. Thereafter blow three times on your bucket of water and extra items as well. You can now remove the Quranic sheet from the water, squeeze it out, and burn or bury it.

You can read and blow over the water, incense, oil, cosmetics, medication, food, etc. anything consumed or applied.

Keep items closed when not in use or not being read on.

Important:

As well as reciting the general verses listed below, do not forget to add on the specific verses for each of the symptoms that you experience.

3 Times

أَعُوذُ بِاللَّهِ السَّمِيعِ الْعَلِيمِ مِنَ الشَّيْطَانِ الرَّجِيمِ

A ‘oozu bil laa his sa mee ‘il ‘a leem

Mi nash shay taaw nir ra jeem

7 Times

وَقُلْ رَبِّ أَعُوذُ بِكَ مِنْ هَمَزَاتِ الشَّيَاطِينِ (٩٧)
وَأَعُوذُ بِكَ رَبِّ أَنْ يَحْضُرُونِ

[المؤمنون: 97-98]

Wa qur rabb bi a' oo' zu bi ka min ha ma zaa
tish sha yaa teen
Wa a oo' zu bi ka rab bi ay yah dhu roon.

7 Times

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ
الرَّحْمَنِ الرَّحِيمِ
مَالِكِ يَوْمِ الدِّينِ
إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ
اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ
صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ

[الفاحة: 1-7]

Bis-mil-laa-hir-rah-maa-nir-ra-heem.
Al-ham-du-lil-laa-hi-rab-bil-'aaa-la-meeen.

Ar-rah-maa-nir-ra-heeem.

Maa-li-ki-yaw-mid-deeen.

Iy-yaa-ka-na'-bu-du-wa-iy-yaa-ka-nas-ta-
'eeen.

Ih-di-nas-si-raa-tal-mus-ta-qeem.

Si-raa-tal-la-zee-na-an-'am-ta-'a-lay-him.

Ghay-ril-magh-dhoo-bi-'a-lay-him-wa-ladh-
dhaall-leen.

2 Times

الم

ذَلِكَ الْكِتَابُ لَا رَيْبَ فِيهِ هُدًى لِّلْمُتَّقِينَ

الَّذِينَ يُؤْمِنُونَ بِالْغَيْبِ وَيُقِيمُونَ الصَّلَاةَ وَمِمَّا رَزَقْنَاهُمْ يُنْفِقُونَ

[البقرة: 1-3]

Alif Laaam Meeem.

Zaa li kal kit aa bu laa ray ba feeh.

Hu dal lil mut ta qeen.

Al la zee na yu' me noo na bil ghay bi wa yu qee
moo nas sa laa ta wa mim maa ra zaq naa hum
yun fi qoon.

7 Times

وَاتَّبِعُوا مَا تَتْلُو الشَّيَاطِينُ عَلَىٰ مُلْكٍ سُلَيْمَانَ

وَمَا كَفَرَ سُلَيْمَانُ وَلَكِنَّ الشَّيَاطِينَ كَفَرُوا

[البقرة: 102-102]

Wat ta ba oo' maa tat lush sha yaa tee nu a' laa
mul ki su lai maan
Wa maa ka fa ra su lai maa nu wa laa kin nash
sha yaa tee na ka fa roo.

3 Times

وَاللَّهُمَّ إِلَهَ وَاحِدٌ
لَا إِلَهَ إِلَّا هُوَ الرَّحْمَنُ الرَّحِيمُ

[البقرة: 163-163]

Wa I laa hu kum I laa huw waa hid.
Laa I laa ha il laa hu war rah maa nur ra heem.

7 Times

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ
لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ
لَهُ مَا فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ
مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ

يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ
وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ
وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ
وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ

[البقرة: 255-255]

Al-laa-hu-laaa-i-laa-ha-il-laa-hu-wal-hay-yul-
qay-yoom .
Laa-ta'-khu-zu-hu-si-na-tuw-wa-laa-nawm.
La-hu-maa-fis-sa-maa-waa-ti-wa-maa-fil-ardh.
Mann-zal-la-zee-yash-fa-u'-in-da-hu-il-laa-bi-
iz-nih.
Ya'-la-mu-maa-bay-na-ay-deee-him-wa-maa-
khal-fa-hum
Wa-laa-yu-hee-too-na-bi-shay-imm-min-'ilm-
mi-heee-il-laa-bi-maa shaa'
Wa-si-a'-kur-siy-yu-hus-sa-maa-waa-ti-wal-
ardh
Wa-laa-ya-oo-du-hu-hif-zu-hu-maa-wa-hu-
wal-'a-liy-yul-'a zeem

11 Times

وَأَوْحَيْنَا إِلَىٰ مُوسَىٰ أَنْ أَلْقِ عَصَاكَ ۚ فَإِذَا هِيَ تَلْقَفُ مَا يَأْفِكُونَ
 فَوَقَعَ الْحَقُّ وَبَطَلَ مَا كَانُوا يَعْمَلُونَ
 فَغَلَبُوا هَنَالِكَ ۖ وَانْقَلَبُوا صَاغِرِينَ
 وَأَلْقَى السَّحْرَةَ سَاجِدِينَ
 قَالُوا آمَنَّا بِرَبِّ الْعَالَمِينَ
 رَبِّ مُوسَىٰ وَهَارُونَ
 [الأعراف: 117-122]

Wa aw hay naa I laa moo saa an al qi a' swaak
 Fa I zaa hi ya tal qa fu maa ya' fi koon.
 Fa wa qa a'l haq qu wa ba twa la maa kaa noo
 ya' ma loon.
 Fa ghu li boo hu naa li ka wann qa la boo swaa
 ghi reen.
 Wa ul qi yas sa ha ra tu saa ji deen.
 Qaa loo aa mann naa bi rab bil a'aaa la meen.
 Rab bi moo saa wa haa roon.

11 Times

فَلَمَّا أَلْقَوْا قَالَ مُوسَىٰ مَا جِئْتُمْ بِهِ السِّحْرَ
 إِنَّ اللَّهَ سَيَبْطِلُهُ

إِنَّ اللَّهَ لَا يُصْلِحُ عَمَلَ الْمُفْسِدِينَ

وَيُحِقُّ اللَّهُ الْحَقَّ بِكَلِمَاتِهِ

وَلَوْ كَرِهَ الْمُجْرِمُونَ

يونس: 81-82]

Fa lamm maa al qawqaa la moo saa maa ji'
tumm bi his sihr.

Inn nallaa ha sayubtiluh.

Inn na llaa ha laa yus li hu a' ma lal muf si
deen.

Wa yu hiq qul laa hul haq qa bi ka li maa ti hi

Wa low ka ri hal muj ri moon.

11 Times

قُلْنَا لَا تَخَفْ إِنَّكَ أَنْتَ الْأَعْلَىٰ

وَأَلْقِ مَا فِي يَمِينِكَ تَلْقَفْ مَا صَنَعُوا^ط

إِنَّمَا صَنَعُوا كَيْدٌ سَاحِرٌ^ط

وَلَا يُفْلِحُ السَّاحِرُ حَيْثُ أَتَىٰ

فَأَلْقِي السَّحْرَةَ سُجَّدًا

قَالُوا آمَنَّا بِرَبِّ هَارُونَ وَمُوسَىٰ

[طه: 68-70]

Qul naa laa ta khaf

inn na ka anntal a' laa.

**Wa al qi maa fee ya mee ni ka tal qaf maa swa
na o'oo.**

In na maa swa na o'oo kay du saahir

Wa laa yuf li hus saa hi ru hay su a taa.

Fa ul qi yas sa ha ra tu suj ja daa

**Qaa loo aaa mann naa bi rab bi haa roo na wa
moo saa.**

7 Times

أَفَحَسِبْتُمْ أَنَّمَا خَلَقْنَاكُمْ عَبَثًا

وَأَنَّكُمْ إِلَيْنَا لَا تُرْجَعُونَ

فَتَعَالَى اللَّهُ الْمَلِكُ الْحَقُّ

لَا إِلَهَ إِلَّا هُوَ رَبُّ الْعَرْشِ الْكَرِيمِ

[المؤمنون: 115-116]

**A fa ha sib tum an na maa kha laq naa kum a'
ba saw**

Wa ann na kum i lay naa laa tur ja oo'n.

Fa ta aa' lal laa hul ma li kul haq

Laa I laa ha il laa hu wa rab bul a'r shil a'
zweem.

11 Times

وَمَا خَلَقْتُ الْجِنَّ وَالْإِنْسَ إِلَّا لِيَعْبُدُونِ

[الذاريات: 56-56]

Wa maa kha laq tul jinn na wal inn sa il laa li
ya' bu doon.

3 Times

وَالصَّافَّاتِ صَفًّا

فَالزَّاجِرَاتِ زَجْرًا

فَالتَّالِيَاتِ ذِكْرًا

إِنَّ إِلَهُكُمْ لَوَاحِدٌ

رَبُّ السَّمَاوَاتِ وَالْأَرْضِ وَمَا بَيْنَهُمَا وَرَبُّ الْمَشَارِقِ

إِنَّا زَيْنًا السَّمَاءِ الدُّنْيَا بِرِيْنَةِ الْكَوَاكِبِ

وَحِفْظًا مِّنْ كُلِّ شَيْطَانٍ مَّارِدٍ

[الصَّافَّاتِ: 1-7]

Was saaaf faa tisaf faa.

Faz zaa ji raa ti zaj raa.

Fat taa li yaa ti zik raa.

in nailaa ha kum la waa hid.

Rab bus sa maa waa ti wal ar dhi wa maa bay na
hu maa war ab bul ma shaa riq.

in naa zay yan nas sa maa ad dun yaa bi zee na
ti nil ka waa kib.

Wa hif zam min kul li shay taa nim maa rid.

7 Times

وَحَفْظًا مِّنْ كُلِّ شَيْطَانٍ مَّارِدٍ

[الصَّافَّات: -7]

Wahifzam min kul li shay taanim maa rid.

11 Times

حَمَّ عَسَق

[الشورى: 1-2]

Haa meeem aaaiin seen qaaaf.

11 Times

حَمَّ

Haa meeem.

11 Times

ثُمَّ صُبُّوا فَوْقَ رَأْسِهِ مِنْ عَذَابِ الْحَمِيمِ

[الدخان: 48-48]

Sum ma sub boo faw qa ra si hee min a' zaa bil
ha' meem.

2 Times

لَوْ أَنْزَلْنَا هَذَا الْقُرْآنَ عَلَى جَبَلٍ لَرَأَيْتَهُ خَاشِعًا مُتَصَدِّعًا مِّنْ خَشْيَةِ اللَّهِ
وَتِلْكَ الْأَمْثَالُ نَضْرِبُهَا لِلنَّاسِ لَعَلَّهُمْ يَتَفَكَّرُونَ

[الحشر: 21-21]

Low an zal naa haa zal qur aa na a' laa ja ba lil
la ra ay ta hoo khaa shi a'm mu ta sawd di a'm
min khash ya til laah
wa til kal am saa lu nadh ri bu haa linn naa si
la
a'l la hum ya ta fak ka roon

1 Time

قُلْ أُوحِيَ إِلَيَّ أَنَّهُ اسْتَمَعَ نَفَرٌ مِّنَ الْجِنِّ فَقَالُوا إِنَّا سَمِعْنَا قُرْآنًا عَجَبًا
يَهْدِي إِلَى الرُّشْدِ فَآمَنَّا بِهِ وَلَنْ نُشْرِكَ بِرَبِّنَا أَحَدًا
وَأَنَّهُ تَعَالَى جَدُّ رَبِّنَا مَا اتَّخَذَ صَاحِبَةً وَلَا وَلَدًا

وَأَنَّهُ كَانَ يَقُولُ سَفِيهُنَا عَلَى اللَّهِ شَطَطًا
وَأَنَّا ظَنَنَّا أَن لَّنْ نَقُولَ الْإِنسَ وَالْجِنُّ عَلَى اللَّهِ كَذِبًا
وَأَنَّهُ كَانَ رِجَالٌ مِّنَ الْإِنسِ يَعُوذُونَ بِرِجَالٍ مِّنَ الْجِنِّ فَزَادُوهُمْ رَهَقًا
وَأَنَّهُمْ ظَنُّوا كَمَا ظَنَنْتُمْ أَن لَّنْ يَبْعَثَ اللَّهُ أَحَدًا
وَأَنَّا لَمَسْنَا السَّمَاءَ فَوَجَدْنَاهَا مَلِيَّتٌ حَرَسًا شَدِيدًا وَشُهَبًا

[الجن: 1-8]

Qul oo hi yai lay ya an na hus ta ma a' na fa ram
mi nal jin ni fa qaa loo inn naa sa mi' naa qur
aa nan a' ja baa.

Yah dee i lar rush di fa aa man naa bih.

Wa lan nush ri ka bi rab bi naa a ha daa.

Wa an na hu ta aa' laa jad du rab bi naa mat ta
kha za saw hi ba taw wa laa wa la daa.

Wa an na hu ka na ya qoo lu sa fee hu naa a' lal
laa hi sha twa twaa.

Wa an naa zwa nan naa al lan ta qoo lal in su
wal jin nu a' lal law hi ka zi baa.

Wa an na hu ka na ri jaa lum mi nal in si ya oo'
zoo na bi ri jaa lim mi nal jin ni fa zaa doo hum
ra ha qaa.

Wa an na hum zwan nu ka maa zwa nan tum al
lay yab a' sal laa hu a ha daa.

Wa an naa la mas nas sa maaa a fa wa jad naa
ha mu li at ha ra san sha dee daw wa shu hu
baa.

7 Times

قُلْ هُوَ اللَّهُ أَحَدٌ

اللَّهُ الصَّمَدُ

لَمْ يَلِدْ وَلَمْ يُولَدْ

وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

[الإخلاص: 1-4]

Bis-mil-laa-hir-rah-maa-nir-ra-heem.

Qul-hu-wal-laa-hu-a-had.

Al-laa-hus-sa-mad.

Lam-ya-lid-wa-lam-yoo-lad.

Wa-lam-ya-kul-la-hu-ku-fu-wan-a-had.

7 Times

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ

مِنْ شَرِّ مَا خَلَقَ

وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ
وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ
وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ

[الفلق: 1-5]

Bis-mil-laa-hir-rah-maa-nir-ra-heem.

Qul-a-'oo-zu-bi-rab-bil-fa-laq.

Minn-shar-ri-maa-kha-laq.

Wa-minn-shar-ri-ghaa-si-qin-i-zaa-wa-qab.

Wa-minn-shar-rinn-naf-faa-saa-ti-fil-'o-qad.

Wa-minn-shar-ri-haa-si-din-i-zaa-ha-sad.

7 Times

قُلْ أَعُوذُ بِرَبِّ النَّاسِ
مَلِكِ النَّاسِ
إِلَهِ النَّاسِ
مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ
الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ
مِنَ الْجَنَّةِ وَالنَّاسِ

[الناس: 1-6]

Bis-mil-laa-hir-rah-maa-nir-ra-heem.

Qul-a-'oo-zu-bi-rab-binn-naas.

Ma-li-kinn-naas.

I-laa-hinn-naas.

Minn-shar-ril-was-waa-sil-khann-naas.

Al-la-zee-you-was-we-su-fee-su-doo-rinn-naas.

Mi-nal-jinn-na-ti-wann-naas.

VERSES TO CANCEL SPECIFIC SORCERY AS PER SYMPTOM: TO BE ADDED TO THE GENERAL RUQYAH RECITAIONS

Keep in mind the section on intentions.

First recite the Ruqyah listed under the section “General Ruqyah Verses” thereafter add the relevant verses which pertain to your symptoms.

The specific verses for your symptoms can be attained from your Raaqi after diagnosis has been done.

Recite one tasbeeh 33 times or as many times as possible with strong intention of breaking all magic, hasad, evil eye, and blow with a slight spitting action on: Water, incense, oil, cosmetics, medication, food etc.

PACTS & CONTRACTS: Surah 9 verse 1

بِرَاءةٍ مِّنَ اللَّهِ وَرَسُولِهِ إِلَى الَّذِينَ عَاهَدْتُمْ مِنَ الْمُشْرِكِينَ

**Ba raa a tum mi nal la hi wa ra soo li hi i lal la
zee na 'aa hat tumm mi nal mush ri keen**

BLOOD: Surah 5 verse 3

حُرِّمَتْ عَلَيْكُمُ الْمَيْتَةُ وَالِدَمُ وَالْحَمُّ الْحَنْزِيرُ وَمَا أَهَلَ لِغَيْرِ اللَّهِ بِهِ

**Hur ri mat a' lay ku mul may ta tu wad da mu
wa lah mul khin zee ri wa maa u hil la li ghay
ril laa hi bi hi**

PADLOCK: Surah 21 verse 30

أَوَلَمْ يَرَ الَّذِينَ كَفَرُوا أَنَّ السَّمَاوَاتِ وَالْأَرْضَ كَانَتَا رَتْقًا فَفَتَقْنَاهُمَا وَجَعَلْنَا مِنَ
الْمَاءِ كُلَّ شَيْءٍ حَيٍّ أَفَلَا يُؤْمِنُونَ

**A wa lam ya ral la zee na ka fa roo ann nas sa
maa waa ti wal ardh dha kaa na taa rat qan fa
fa taq naa hu maa wa ja 'al naa mi nal maa i kul
la shay in hay yin a fa laayu' mi noon**

وَمَنْ يُشْرِكْ بِاللَّهِ فَكَأَنَّمَا خَرَّ مِنَ السَّمَاءِ فَتَخْطَفُهُ الطَّيْرُ أَوْ تَهْوِي بِهِ الرِّيحُ فِي
مَكَانٍ سَحِيقٍ

Wa may yush rik bil laa hi fa ka an na maa khar
ra mi nas sa maa i,
fa takh twa fu hut tway ru aw tah wee bi hir ree
hu fee ma kaa nin saw heeq

KNOTS: Surah 20 verse 26; 27; 28

وَيَسِّرْ لِي أَمْرِي وَاخْلُلْ عُنُقَهُ مِّن لِّسَانِي يَفْقَهُوا قَوْلِي

Wa yas sir lee am ree, wah lul u'q da tam mil li
saa nee yaf qa hoo qaw lee

WRITINGS: Surah 2 verse 102

فَيَتَعَلَّمُونَ مِنْهُمَا مَا يُفَرِّقُونَ بِهِ بَيْنَ الْمَرْءِ وَزَوْجِهِ وَمَا هُمْ بِضَارِينَ بِهِ مِنَ
أَحَدٍ إِلَّا بِإِذْنِ اللَّهِ

Fa ya ta a'l la moo na min hu maa ;
maa yu far ri qoo na bi hi bay nal mar i wa zaw
jih ;
Wa maa humm bi dhaar ree na bi hi min a ha
din il laa bi iz nil laah

WATER: Surah 26 verse 63

فَأَوْحَيْنَا إِلَىٰ مُوسَىٰ أَنْ اضْرِبْ بِعَصَاكَ الْبَحْرَ فَانْفَلَقَ فَكَانَ كُلُّ فِرْقٍ
كَالطُّودِ الْعَظِيمِ

Fa aw hay naa i laa moo saa a nidh rib bi a' swaa
kal bahr,
Fan fa la qa, fa kaa na kul lu fir qin kat taw dil
a' zweem

LOSS OF MONEY: Surah 18 verse 42

وَأُحِيطَ بِثَمَرِهِ فَأَصْبَحَ يُقَلِّبُ كَفَّيْهِ عَلَىٰ مَا أَنْفَقَ فِيهَا وَهِيَ خَاوِيَةٌ عَلَىٰ
عُرُوشِهَا وَيَقُولُ يَا لَيْتَنِي لَمْ أُشْرِكْ بِرَبِّي أَحَدًا

Wa u hi twa bi sa ma ri hi, fa asw ba ha yu qal li
bu kaf fay hi a' laa maa ann fa qa fee haa wa hi
ya khaa we ya tun a' laa u' roo shi haa wa ya qoo
lu yaa lay ta nee lam ush rik bi rab bee a ha daa

أَوْ مَنْ كَانَ مَيِّتًا فَأَحْيَيْنَاهُ وَجَعَلْنَا لَهُ نُورًا يَمْشِي بِهِ فِي النَّاسِ كَمَنْ مَثَلُهُ فِي
الظُّلُمَاتِ لَيْسَ بِخَارِجٍ مِّنْهَا

A wa man kaa na may tan fa ah yay naa hu ; wa
ja a'l naa la hu noo ray yam shee bi hi finn naa
si ;

ka mamm ma sa lu hu fiz zwu lu maa ti lay sa
bi khaa ri jim min haa

TREE: Surah 6 verse 59

وَعِنْدَهُ مَفَاتِحُ الْغَيْبِ لَا يَعْلَمُهَا إِلَّا هُوَ وَيَعْلَمُ مَا فِي الْبَرِّ وَالْبَحْرِ وَمَا تَسْقُطُ
مِنْ وَرَقَةٍ إِلَّا يَعْلَمُهَا

Wa i'n da hoo ma faa tee hulghay bi laaya' la
mu haa il laa hu, waya' la mu maa fil bar ri wal
bahr, wa maa tas qu tu miwwa ra qa tin il laaya'
la mu haa

FEAR: Surah 106 verse 4

وَأَمَّنَّهُمْ مِّنْ خَوْفٍ

Wa aa ma na humm min khawf

ANGER: Surah 42 verse 37

وَإِذَا مَا غَضِبُوا هُمْ يَغْفِرُونَ

Wa i zaa maa gha di bu hum yagh fi roon

MENTAL WEAKNESS: Surah 38 verse 20

وَشَدَدْنَا مُلْكَهُ وَأَتَيْنَاهُ الْحِكْمَةَ وَفَصَّلَ الْخِطَابِ

**Wa sha dad naa mul ka hoo wa aa tay naa hul
hik ma ta wa fasw lal khi twaab**

HAIR: Surah 19 verse 4

قَالَ رَبِّ إِنِّي وَهَنَ الْعَظْمُ مِنِّي وَاشْتَعَلَ الرَّأْسُ شَيْبًا وَلَمْ أَكُنْ بِدُعَائِكَ رَبِّ
شَقِيًّا

**In nee wa ha nal a'z mu min nee wash ta a' lar
ra' su shay bow wa lam a kum bi du a'aa i ka rab
bi sha qiy yaa**

STAR: Surah 5 verse 89

لَا يُؤَاخِذُكُمُ اللَّهُ بِاللَّغْوِ فِي أَيْمَانِكُمْ وَلَكِنْ يُؤَاخِذُكُمْ بِمَا عَقَدْتُمُ الْأَيْمَانَ

Laa yu aa khi zu ku mul laa hu bil lagh we fee
ay maa ni kum ; wa laa kiy yu aa khi zu kum bi
maa a'q qad tu mul ay maan

PHOTO: Surah 7 verse 11

وَلَقَدْ خَلَقْنَاكُمْ ثُمَّ صَوَّرْنَاكُمْ ثُمَّ قُلْنَا لِلْمَلَائِكَةِ اسْجُدُوا لِآدَمَ فَسَجَدُوا

Wa la qad kha laq naa kum sum ma sow war
naa kum ; sum ma qul naa lil ma laa i ka tis ju
doo fa sa jadoo

CHARCOAL: Surah 3 verse 106

يَوْمَ تَبْيَضُّ وُجُوهٌ وَتَسْوَدُّ وُجُوهٌ فَأَمَّا الَّذِينَ اسْوَدَّتْ وُجُوهُهُمْ أَكْفَرْتُمْ بَعْدَ
إِيمَانِكُمْ فذُوقُوا الْعَذَابَ بِمَا كُنْتُمْ تَكْفُرُونَ

Yaw ma tab yadh dhu wu joo huw wa tas wad
du wu joo ; Fa am mal la zee nas wad dat wu
joo hu hum ; a ka far tumba' da iy maa ni kum

FORGETFULNESS: Surah 12 verse 42

وَقَالَ لِلَّذِي ظَنَّ أَنَّهُ نَاجٍ مِّنْهُمَا اذْكُرْنِي عِنْدَ رَبِّكَ فَأَنَسَاهُ الشَّيْطَانُ ذِكْرَ رَبِّهِ
فَلَبِثَ فِي السِّجْنِ بِضْعَ سِنِينَ

**Fa ann saa hush shay twaa nu zik ra rab bi hi fa
le bi sa fis sij ni bidh a' si neen**

Surah 18 verse 24:

وَاذْكُرْ رَبَّكَ إِذَا نَسِيتَ وَقُلْ عَسَىٰ أَن يَهْدِيَنِي رَبِّي لِأَقْرَبَ مِنْ هَذَا رَشَدًا

**Waz kur rab ba ka i zaa na see ta wa qul a' saa
ay yah di ya ni rab bee li aq ra ba min haa zaa
ra sha daa**

REVIVIFICATION: Surah 30 verses 17-19

فَسُبْحَانَ اللَّهِ حِينَ تُمْسُونَ وَحِينَ تُصْبِحُونَ وَلَهُ الْحَمْدُ فِي السَّمَاوَاتِ وَالْأَرْضِ
وَعَشِيًّا وَحِينَ تُظْهِرُونَ يُخْرِجُ الْحَيَّ مِنَ الْمَيِّتِ وَيُخْرِجُ الْمَيِّتَ مِنَ الْحَيِّ وَيُحْيِي
الْأَرْضَ بَعْدَ مَوْتِهَا وَكَذَلِكَ تُخْرَجُونَ

**Fa sub haa nal law hi hee na tum soo na wa hee
na tus bi hoon ;
Wa la hul ham du fis sa maa waa ti wal ar dhi
wa a' shiy yaw wa hee na tuzw hi roon ;**

Yukh ri jul hay ya mi nal may yi ti wa yukh ri
jul may yi ta mi nal hay yi ;
Wa yuh yil ar dha ba' da maw ti haa ;
Wa ka zaa li ka tukh ra joon

PASSIONS: Surah 34 verse 54

وَحِيلَ بَيْنَهُمْ وَبَيْنَ مَا يَشْتَهُونَ كَمَا فُعِلَ بِأَشْيَاعِهِمْ مِّن قَبْلَ إِنَّهُمْ كَانُوا فِي
شَكِّ مُرِيبٍ

Wa hee la bay na hum wa bay na maa yash ta
hoo na ka maa fu i' la bi ash yaa i him minn
qabl;
Inn na hum kaa noo fee shak kimm mu reeb

MADNESS: Surah 2 verse 275

الَّذِينَ يَأْكُلُونَ الرِّبَا لَا يَقُومُونَ إِلَّا كَمَا يَقُومُ الَّذِي يَتَخَبَّطُهُ الشَّيْطَانُ مِنَ
الْمَسِّ

Al la zee na ya' ku loo nar ri baa laa ya qoo
moo na il laa ka maa ya qoo mul la zee ya ta
khab ba tu hush shay twaa nu mi nal mass

DONKEY: Surah 62 verse 5

مَثَلُ الَّذِينَ حُمِلُوا التَّوْرَةَ ثُمَّ لَمْ يَحْمِلُوهَا كَمَثَلِ الْحِمَارِ يَحْمِلُ أَسْفَارًا

Ma sa lul la zee na hum mi lut taw raa ta sum
ma lam yah mi loo haa ka ma sa lil hi maa ri
yah mi lu as faa ra

SPIDER: Surah 29 verse 41

مَثَلُ الَّذِينَ اتَّخَذُوا مِنْ دُونِ اللَّهِ أَوْلِيَاءَ كَمَثَلِ الْعَنْكَبُوتِ اتَّخَذَتْ بَيْتًا وَإِنَّ
أَوْهَنَ الْبُيُوتِ لَبَيْتُ الْعَنْكَبُوتِ

Ma sa lul la zee nat ta kha zoo min doo nil laa
hi aw li yaa a ka ma sa lil a'n ka boot;
it ta kha zat bay ta;
Wa inn na aw ha nal bu yoo ti la bay tul a'n ka
boot

يَا أَيُّهَا النَّمْلُ ادْخُلُوا مَسَاكِنَكُمْ لَا يَحْطِمَنَّكُمْ سُلَيْمَانُ وَجُنُودُهُ وَهُمْ لَا
يَشْعُرُونَ

Yaa ay yu han nam lud khu loo ma saa ki na
kum laa yah twi man na kum su lai maa nu wa
ju noo du hu wa hum laa yash o' roon

LOCUSTS – LICE - FROGS: Surah 7 verse 133

فَأَرْسَلْنَا عَلَيْهِمُ الطُّوفَانَ وَالْجَرَادَ وَالْقُمَّلَ وَالضَّفَادِعَ وَالِدَّمَ آيَاتٍ مُّفَصَّلَاتٍ
فَاسْتَكْبَرُوا

Fa ar sal naa a' lai hi mut too faa na wal ja raa
da wal qum ma la wad dha faa dhi a' wad da ma
aa yaa tim mu fas sa laat fas tak ba roo

FISH: Surah 37 verses 142 to 144

فَالْتَقَمَهُ الْحُوتُ وَهُوَ مُلِيمٌ فَلَوْلَا أَنَّهُ كَانَ مِنَ الْمُسَبِّحِينَ لَلَبِثَ فِي بَطْنِهِ إِلَى
يَوْمٍ يُبْعَثُونَ

Fal ta qa ma hul hoo tu wa hu wa mu leem ;
Fa low laa ann na hoo kaa na mi nal mu sab bi
heen la la bi sa fee batw ni hee i laa yaw mi
yub a' soon

EXCREMENT: Surah 74 verses 3 to 5

وَرَبِّكَ فَكَبِّرْ وَتَيْبَاتِكَ فَطَهِّرْ وَالرُّجْزَ فَاهْجُرْ

Wa rab ba ka fa kab bir;
wa si yaaba ka fa tah hir;
war ruj za fah jur

DOG: Surah 5 verse 4

وَمَا عَلَّمْتُمْ مَنِ الْجَوَارِحِ مُكَلِّبِينَ تُعَلِّمُونَهُنَّ مِمَّا عَلَّمَكُمُ اللَّهُ

Wa maa a'l lam tum mi nal ja waa ri hi mu kal
li bee na tu a'li li moo na hun na mim maa a'la
ma ku mul laah

FIRE: Surah 5 verse 64

كُلَّمَا أَوْقَدُوا نَارًا لِلْحَرْبِ أَطْفَأَهَا اللَّهُ وَيَسْعَوْنَ فِي الْأَرْضِ فَسَادًا وَ اللَّهُ لَا
يُحِبُّ الْمُفْسِدِينَ

Kul la maa aw qa du naa ral lil har bi at fa a hal
law hu wa yas a'w na fil ar dhi fa saa daa ;
Wal laa hu laa yu hib bul muf si deen

CHILLI PEPPER: Surah 56 verses 52 to 54

لَا كِلُونَ مِنْ شَجَرٍ مِّنْ زُفُومٍ فَمَالِئُونَ مِنْهَا الْبُطُونَ فَشَارِبُونَ عَلَيْهِ مِنَ
الْحَمِيمِ

La aa ki loo na minn sha ja ra tim min zaq
qoom ;

Fa maa li oo na min hal bu toon

Fa shaa ri boo na a' lay hi mi nal ha meem

COLD: Surah 76 verse 13

لَا يَرُونَ فِيهَا شَمْسًا وَلَا زَمْهَرِيرًا

Laa ya row na fee haa sham sow wa laa zam ha
ree raa

CLOTHES: Surah 7 verse 26

يَا بَنِي آدَمَ قَدْ أَنْزَلْنَا عَلَيْكُمْ لِبَاسًا يُؤَارِي سَوَاتِكُمْ وَرِيشًا وَلِبَاسُ التَّقْوَىٰ
ذَلِكَ خَيْرٌ

Yaa ba nee aaa da ma qad an zal naa a' lay
kum li baa say yu waa ri sow aa ti kum wa ree
shaa,

wa li baa sut taq waa, zaa li ka khayr

FOOTSTEPS: Surah 38 verse 42

ارْكَضْ بِرِجْلِكَ هَذَا مُغْتَسَلٌ بَارِدٌ وَشَرَابٌ

Ur kudh bi rij li ka, haa zaa mugh ta sa lumm
baa ri duw wa sha raab

BONES - TEETH: Surah 36 verses 78 and 79

وَضْرَبَ لَنَا مَثَلًا وَنَسِيَ خَلْقَهُ قَالَ مَنْ يُحْيِي الْعِظَامَ وَهِيَ رَمِيمٌ قُلْ يُحْيِيهَا
الَّذِي أَنْشَأَهَا أَوَّلَ مَرَّةٍ وَهُوَ بِكُلِّ خَلْقٍ عَلِيمٌ

Wa dha ra ba la naa ma sa low wa na si ya khal
qah ;
qaa la may yuh yil i' zaa ma wa hi ya ra meem ;
qul yuh yee hal la zee an sha a haa aw wa la mar
rah ;
wa hu wa bi kul li khal qin a' leem

SKIN: Surah 16 verse 80

وَمِنْ أَصْوَابِهَا وَأُوبَارِهَا وَأَشْعَارِهَا أَثَانًا وَمَتَاعًا إِلَىٰ حِينٍ

Wa min asw waa fi haa wa aw baa ri haa wa ash
a'aa ri haa a saa sow wa ma taa a'n i laa heen

EYE ILLNESS: Surah 50 verse 22

فَكَشَفْنَا عَنْكَ غِطَاءَكَ فَبَصَرُكَ الْيَوْمَ حَدِيدٌ

Fa ka shaf naa a'n ka ghi twa a ka Fa baswa ru
kalyaw ma ha deed

UNDERWEAR: Surah 7 verse 22

بَدَتْ لَهُمَا سَوْآتُهُمَا وَطَفِقَا يَخْصِفَانِ عَلَيْهِمَا مِنْ وَرَقِ الْجَنَّةِ

Ba dat la hu maa sow aa tu hu maa wa ta fi qaa
yakh swi faa ni a' lay hi maa miw wa ra qil jann
nah

PUBIC HAIR: Surah 86 verses 5 and 6

فَلْيَنْظُرِ الْإِنْسَانُ مِمَّ خُلِقَ خُلِقَ مِنْ مَّاءٍ دَافِقٍ

Fal yan zu ril inn saa nu mimm ma khu liq ;
khu li qa mim maa in daa fiq

PERIOD BLOOD: Surah 2 verse 222

فَإِذَا تَطَهَّرْنَ فَأْتُوهُنَّ مِنْ حَيْثُ أَمَرَكُمُ اللَّهُ إِنَّ اللَّهَ يُحِبُّ التَّوَّابِينَ وَيُحِبُّ
الْمُتَطَهِّرِينَ

Fa i zaa ta twah har na fa' too hunn na min hay
su a ma ra ku mul laah ;
In nal laa ha yu hib but taw waa bee na wa yu
hib bul mu ta twah hi reen

SEXUAL DREAMS: Surah 66 verse 12

وَمَرْيَمَ ابْنَتَ عِمْرَانَ الَّتِي أَحْصَنَتْ فَرْجَهَا فَنَفَخْنَا فِيهِ مِنْ رُوحِنَا وَصَدَّقَتْ
بِكَلِمَاتِ رَبِّهَا وَكُنْتِ مِنَ الْقَانِنِينَ

Wa mar ya mab na ta i'm raa nal le tee ah swa
nat far ja haa ;
Fa na fakh naa fee hi mir roo hi naa wa swad da
qat bi ka li maa ti rab bi haa,
Wa ku tu bi hee wa kaa nat mi nal qaa ni tween

STERILITY AND SEXUAL WEAKNESS: Surah 51 verses 47 to 49

وَالسَّمَاءَ بَنَيْنَاهَا بِأَيْدٍ وَإِنَّا لَمُوسِعُونَ وَالْأَرْضَ فَرَشْنَاهَا فَنِعْمَ الْمَاهِدُونَ وَمِنْ
كُلِّ شَيْءٍ خَلَقْنَا زَوْجَيْنِ لَعَلَّكُمْ تَذَكَّرُونَ

Was sa maa a ban nay naa haa bi ay diw wa inn
naa la moo si o'oon ;

Wal ar dha fa rash naa haa fa ni' mal maa hi
doon ;

Wa min kul li shay in kha laq naa zaw jay ni la
a'l la kum ta zak ka roon

EATEN MAGIC: Surah 44 verses 43 -46

إِنَّ شَجَرَتَ الزَّقُّومِ طَعَامُ الْأَتْثِيمِ كَالْمُهْلِ يَغْلِي فِي الْبُطُونِ كَغَلِي الْحَمِيمِ

In na sha ja ra taz zaq qoom;

Twa 'aa mul a seem;

Kalmuh li yagh lee fil bu toon;

Ka ghallil ha meem

Surah 56 verses 55

لَا كِلُونَ مِنْ شَجَرٍ مِنْ زَقُّومٍ فَمَالِئُونَ مِنْهَا الْبُطُونَ فَشَارِبُونَ عَلَيْهِ مِنْ
الْحَمِيمِ فَشَارِبُونَ شُرْبَ الْهَيْمِ

La aa ki loo na min sha ja rim min zaqqoom;

Fa maa li oona min hal bu toon;

Fa shaari boo na 'a lay hi mi nal ha meem;

Fa shaa ri boo na shur bal heem

TERMITE: Surah 34 verse 14

فَلَمَّا قَضَيْنَا عَلَيْهِ الْمَوْتَ مَا دَلَّهُمْ عَلَى مَوْتِهِ إِلَّا دَابَّةُ الْأَرْضِ تَأْكُلُ مِنْسَأَتَهُ

Fa lamm maa qa dhay naa a' lay hil mow ta maa
dal la hum a' laa mow ti hee il laa daab ba tul
ar dhi ta' ku lu min sa a tah

PICKED DOLL: Surah 33 verses 10 and 11

إِذْ جَاءُوكُم مِّنْ فَوْقِكُمْ وَمِنْ أَسْفَلَ مِنكُمْ وَإِذْ زَاغَتِ الْأَبْصَارُ وَبَلَغَتِ
الْقُلُوبُ الْحَنَاجِرَ وَتَظُنُّونَ بِاللَّهِ الظُّنُونَا هُنَالِكَ ابْتُلِيَ الْمُؤْمِنُونَ وَزُلْزِلُوا زِلْزَالًا
شَدِيدًا

Iz jaa oo kum min faw qi kum wa min as fa la
minn kum wa iz zaa gha til ab swaa ru wa ba la
gha til qu loo bul ha naa ji ra wa ta zunn noo na
bil laa hiz zoo noo naa ;
hu naa li kab tu li yal mu' mi noo na wa zul zi
loo zil zaa lan sha dee daa

DOLL / CUT KOLA NUT: Surah 6 verse 95

إِنَّ اللَّهَ فَالِقُ الْحَبِّ وَالنَّوَىٰ يُخْرِجُ الْحَيَّ مِنَ الْمَيِّتِ وَمُخْرِجُ الْمَيِّتِ مِنَ الْحَيِّ

In nal laa ha faa li qul hab bi wann na waa;
Yukh ri jul hay ya mi nal may yi ti wa much ri
jul may yi ti mi nal hayy

NOISES, VOICES, OR BUZZING: Surah 20 verse 108

وَحَشَعَتِ الْأَصْوَاتُ لِلرَّحْمَنِ فَلَا تَسْمَعُ إِلَّا هَمْسًا

Wa kha sha a' til asw waa tu lir rah maa ni fa laa
tas ma u' il laa ham saa

PRESENCE IN THE HOUSE: Surah 27 verse 52

فَتِلْكَ بُيُوتُهُمْ خَاوِيَةً بِمَا ظَلَمُوا

Fa til ka bu yoo tu hum khaa wi ya tamm bi maa
zwa la moo

SACRIFICE: Surah 6 verses 162 and 163

قُلْ إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ وَمَمَاتِي لِلَّهِ رَبِّ الْعَالَمِينَ لَا شَرِيكَ لَهُ وَبِذَلِكَ
أُمرتُ وَأَنَا أَوَّلُ الْمُسْلِمِينَ

**Qul inn na swa laa ti wa nu su ki wa mah yaa ya
wa ma maa ti lil laa hi rab bil a'aa la meen ;
Laa sha ree ka la hu wa bi zaa li ka u mir tu wa
a na aw wa lul mus li meen**

STATUE: Surah 21 verse 98

إِنَّكُمْ وَمَا تَعْبُدُونَ مِنْ دُونِ اللَّهِ حَصَبُ جَهَنَّمَ أَنْتُمْ لَهَا وَارِدُونَ

**In na kum wa maa ta' bu doo na min doo nil laa
hi ha saw bu ja han nam
An tum la haa waa ri doon**

CANARY: Surah 25 verse 23

وَقَدِمْنَا إِلَىٰ مَا عَمِلُوا مِنْ عَمَلٍ فَجَعَلْنَاهُ هَبَاءً مَّنثُورًا

**Wa qa dim naa i laa maa a' mi loo min a' ma
lin ;
fa ja a'l naa hu ha baa amm man soo raa**

حُرِّمَتْ عَلَيْكُمُ الْمَيْتَةُ وَالِدَمُّ وَالْحُنْزِيرُ وَمَا أَهَلَ لِغَيْرِ اللَّهِ بِهِ وَالْمُنْخَنِقَةُ
وَالْمَوْقُوذَةُ وَالْمُتَرَدِّيَةُ وَالنَّطِيحَةُ وَمَا أَكَلَ السَّبْعُ إِلَّا مَا ذَكَّيْتُمْ وَمَا ذُبِحَ عَلَى
النُّصَبِ وَأَنْ تَسْتَقْسِمُوا بِالْأَزْلَامِ ذَلِكُمْ فَسْقٌ

Hur ri mat a' lay ku mul may ta tu
wad da mu
wa lah mul khin zee ri
wa maa u hil la li ghay ril laa hi bi hi ;
Wal mun kha ni qa tu
wal maw qoo za tu
wal mu ta rad di ya tu
wan na tee ha tu
wa maa a ka las sa bu u'
il laa maa zak kay tum
wa maa zu bi ha a' lan nu su bi
wa an tas taq si moo bil az laam ;
zaa li kum fisq

TO CLOSE OPENINGS:

Surah 17 verse 45:

وَإِذَا قَرَأْتَ الْقُرْآنَ جَعَلْنَا بَيْنَكَ وَبَيْنَ الَّذِينَ لَا يُؤْمِنُونَ بِالْآخِرَةِ حِجَابًا
مَّسْتُورًا

Wa i za qa ra' tal qur aa na ja a'l naa bay na ka
wa bay nal la zee na laa yu mi noo na bil aa khi
ra ti hi jaa bam mas too raa

Surah 18 verse 97:

فَمَا اسْطَاعُوا أَنْ يَظْهَرُوهُ وَمَا اسْتَطَاعُوا لَهُ نَقْبًا

Fa mas taw oo' ay yazw ha roo hoo wa mas taw
oo' la hoo naq baa

Surah 36 verse 9:

وَجَعَلْنَا مِنْ بَيْنِ أَيْدِيهِمْ سَدًّا وَمِنْ خَلْفِهِمْ سَدًّا فَأَغْشَيْنَاهُمْ فَهُمْ لَا يُبْصِرُونَ

Wa ja a'l naa mim bay ni ay dee him sad dow
wa min khal fi him sad dan fa agh shay naa
hum fa hum laa yub swi roon

Surah 67 verse 3:

مَا تَرَىٰ فِي خَلْقِ الرَّحْمَنِ مِنْ تَفَاوُتٍ فَارْجِعِ الْبَصَرَ هَلْ تَرَىٰ مِنْ فُطُورٍ

Maa ta raa fee khal qir rah maa ni min ta faa
wut
Far ji i'l ba swa rahal ta raa min fu toor

يَا مَعْشَرَ الْجِنِّ وَالْإِنْسِ إِنَّ اسْتِطْعْتُمْ أَنْ تُنْفُذُوا مِنْ أَقْطَارِ السَّمَاوَاتِ
وَالْأَرْضِ فَانْفُذُوا لَا تَنْفُذُونَ إِلَّا بِسُلْطَانٍ فَلَبِئْسَ مَا تَكْتُمُونَ يَا أَيُّهَا الَّذِينَ
آمَنُوا عَلَيْكُمْ سُورَةٌ مِنْ نَارِ وَنُحَاسٌ فَلَا تَنْتَصِرُونَ

Yaa ma' sha ral jin ni wal in si i nis ta twa' tum
ann tan fu zoo min aq twaa ris sa maa waa ti
wal ar dhi fan fu zoo

Laa tan fu zoo na il laa bi sul twaan;

Fa bi ay yi aa laa i rab bi ku maa tu kazz zi baan

Yur sa lu a' lay ku maa shu waa zumm min naa

riw wa nu haa sunn fa laa tann ta swi raan

IMPORTANCE OF RECITING SURAH BAQARAH

Rasulullah (Sallallahu Alayhi Wasallam) said: ‘...Recite Surah Al Baqarah, for [reciting it & practicing on it] is a blessing. Abandoning it will be a cause of grief and regret, & those involved in witchcraft cannot confront it.’

(Sahih Muslim,1871)

Rasulullah (Sallallahu Alayhi Wasallam) said: ‘...Indeed, Shaytan flees from that home in which Surah Baqarah is recited.’

(Sahih Muslim,1821)

Rasulullah (Sallallahu Alayhi Wasallam) said: “For everything there is a pinnacle, and the pinnacle of the Quran is Soorah Al-Baqarah; if anyone recites it in his house during

the day, no devil will come near his house for three days; and if anyone recites it in his house during the night no devil will enter his house for three nights.”

[Al-Bayhaqi and Ibn Hibbaan]

Rasulullah (Sallallahu Alayhi Wasallam) said: “Do not turn your houses to graveyards. Indeed, the devil runs away from the house in which Soorah Al-Baqarah is recited.”

[Muslim]

Rasullullah (Sallallahu Alayhi Wasallam) said: Indeed, Allah inscribed a book, two thousand years before creating the heavens and the earth. He sent down two verses with which He ended Surah Al-Baqarah. When these verses are being recited in a house for three nights, Shaitan will not come near it.

(Tirmidhi: 2882)

Rasullullah (Sallallahu Alayhi Wasallam) said :‘...If these two verses are recited for three nights in a home, no Shaytan shall come near it.’

(Sunan Tirmidhi,2882)

Rasulullah (Sallallahu Alayhi Wasallam) said: “Recite Soorah Al-Baqarah, for reciting it imparts blessing, abandoning it incurs grief, and the Batalah cannot confront it.”

[Muslim]

Mu’aawiyah, one of the narrators of the Hadeeth commented: “I was informed that the word 'Batalah' in the Hadeeth means sorcerers. ”

Step 4:

Take out 1.5 to 2 litres of Quraanic water from your 20 litres, warm it and take it with you into the bathroom. Have a normal shower first. Thereafter have your Quraanic Water Bath as follows:

The method of bathing (from here on all steps will be using the Quraanic water):

4.1.

Start by making niyyah (intention) to perform Ghusl and to cleanse yourself of sin, illness, sihr, ayn (evil eye or nazar) and jinn. This does not have to be a verbal intention.

4.2.

Wash both the hands up to and including the wrists.

4.3.

Gargle your mouth with Quraan water and put it into both nostrils.

4.4.

Wet every part of the body and ensure that no hair or part of the body is left dry. (It is not disrespectful to use Quraan water on the private parts, as it is for treatment purposes. Many times, these areas are affected, example, Cases where people cannot have children or where people are sexually assaulted by jinn, or painful periods etc.)

NOTE: It is not necessary to make whudhu after ghusl before making Ibadat (Salaah, Quraan etc.). It is best to try and collect the Quraanic water you have used, and to pour it outside in a clean place. For example, you can stand in a big dish or bathtub and soak the water with a towel then hang the towel outside to dry. That completes your Quraanic bath.

Step 5:

After completing your Quraanic bath apply your olive oil to your hair and body. Apply oil to the entire body, targeting and concentrating areas where you feel pain or other symptoms (pins and needles, burning, etc.) Whilst massaging the oil recite Surah Faatihah seven times, in your mind, on those parts of the body experiencing symptoms.

Step 6:

Wear some type of a loose-fitting dress (kaftan/abaya etc.) with nothing else underneath, no undergarments. Light an incense stick and place it on the floor in some type of a holder. Stand over the incense stick and smoke yourself for three to five minutes. After three to five minutes, you can switch off the incense and reuse the remainder the next day.

Step 7:

If possible, perform two Rakaats of Nafil Salaah, if it is after Esha, you can make intention for Tahajjud (it is not necessary to have slept first). Then make dua asking Allah (Ta'ala) for shifaa.

Steps 4 to 7 (bathing, oil & incense) must be done in the evenings, from sunset onwards.

Step 8:

Take your senna leaves and use your Quraanic water to make senna tea which you will drink first thing in the morning for at least four days in a space of a twelve days (The exact number of days should be prescribed by your Raaqi). Pour 500 ml of boiling Quraanic water onto one heaped tablespoon of senna leaves. Leave it to stand for about 10 minutes, then strain and drink. The senna tea does cause a laxative effect, so take it on days when you are home. If the laxative effect is heavy, spread the days further out between the days you take the senna tea.

Remember first thing in the morning on an empty stomach, and do not eat for at least 20 to 30 minutes afterwards.

The senna tea is the only part of the treatment that you can miss days. Every other aspect should be done without missing days.

That completes one day of a 12-day treatment. For the next 12 days you will repeat the steps in the same way, ie. You will take a Quraanic bath, use the oil, incense etc, read two rakaats of Salaah and thereafter make dua every day for 12 days.

In the event you did not read any Ruqyah for the day, then ensure that you do the bathing, oiling, and incense. This will still be counted as a day of treatment.

If your water gets finished, you will need to repeat the process of making Quraanic water as you did the first time.

DO NOT TOP THE WATER UP: Use the water & items until it is finished, then fill more water in the bucket, read the Ruqyah on EVERYTHING again.

Step 9:

Besides what you drink with the senna leaves, drink from the Quraanic water morning and evening (drink at least a few glasses a day), use it for your tea, cooking, etc.

Step 10:

Sprinkle or spray the water around your home, and if necessary, your business. Try to spray on walls, ceilings, floors, behind furniture, doors, windows, in wardrobes, cupboards, bathrooms etc.

Say "Bismillah" and recite Quraan when spraying.

When spraying in toilets ensure to close the lid of the high pan first and if low pan then cover the pan with a board, so as to ensure that the Quraanic water does not go into the toilet pan itself.

Additional Notes:

The number of times the Ayaat of the Ruqyah are read and the number of days you will do treatment are only a guideline. Depending on the severity of your case you can increase the number of times the Ayaat are read and the number of days you do the treatment for. The Ayaat are also not fixed, they can be changed or substituted as need be.

If you have not had hijama (cupping) with simultaneous Ruqyah recitations done, then have it done as soon as possible.

Remember that all of this is only a means. The ultimate doer is Allah (Ta'ala). Turn your focus and attention to Allah (Ta'ala) and beg Him for shifa. Try your best not to miss any salaah on its time.

You were only affected by sihr, ayn or jinn by the permission of Allah (Ta'ala), and you will also only be cured through the permission of Allah (Ta'ala).

Genuinely ask Allah (Ta'ala) for forgiveness for any sins you may have been committing and make a firm resolution to continue abstaining from evil and practicing on all the good you are doing.

إِنَّ اللَّهَ لَا يُغَيِّرُ مَا بِقَوْمٍ حَتَّىٰ يُغَيِّرُوا مَا بِأَنْفُسِهِمْ

[الزّعد:11]

“Indeed, Allah will not change the condition of a people until they change what is in themselves.”

(Ayah 11 Surah arRa’d 13)

It is also very important to have a positive and optimistic attitude. Have hope in Allah (Ta’ala) and good expectations and Insha Allah, He will treat you accordingly.

Hadhrat Abu Hurairah (Radhiallahu Anhu) narrated that Rasulullah (Sallallahu Aalayhi Wasallam) has said, "Almighty Allah (Ta’ala) says, I treat my slave (man) according to his expectations from Me, and I am with him when he remembers Me. If he remembers Me in his heart, I remember him in My heart; if he remembers Me in a gathering, I remember him in a better and nobler gathering (i.e., of angels). If he comes closer to Me by one span, I go towards him a cubit's length, if he comes towards Me by a cubit's length, I go towards him an arm's length, and if he walks towards Me, I run unto him."

Note:

There are several points elaborated in this Hadith. The first point is that Allah (Ta’ala) deals with a man according to his expectations from Him. One should therefore always be hopeful of the mercy and benevolence of Almighty Allah (Ta’ala) and never be despondent of His blessings.

Certainly, we are extremely sinful and justly deserve punishment on account of our evil deeds, yet in no case should we feel despondent of the mercy of Allah (Ta’ala),

as He may perhaps totally forgive us. Some Ulama have written that the fulfilment of expectations promised by Almighty Allah (Ta'ala) in the aforesaid Hadith is in its most general sense. It carries assurance not only in respect of forgiveness but also in respect of prayers, health, wealth, and safety.

For instance, when a person prays to Allah (Ta'ala) and sincerely believes that Allah (Ta'ala) shall accept his prayer, then his prayer is actually accepted, but if he has doubt (that his prayer would not be accepted), it is not accepted.

Thus, in another Hadith it is stated that the prayer of a person is granted so long as he does not say that his prayer is not granted. The same is true in the case of all blessings relating to health, prosperity, etc.

Finally, remember, Abu Sa'id (Radhiallahu Anhu) and Abu Hurayrah (Radhiallahu Anhu) reported that Rasulullah (Sallallahu Aalayhi Wasallam) said: "No fatigue, illness, anxiety, sorrow, harm or sadness afflicts any Muslim, even to the extent of a thorn pricking him, without Allah wiping out his sins by it."

[Bukhaari Muslim]

EVERYDAY PROTECTIONS

Recite the masnoon duas for each occasion as well as azkaar, duaas and surahs, example:

100 times of 3rd kalimah, durood & istighfaar.

Read kalimah tauheed, the 4th kalimah, 100 times morning & evening:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ؛ لَا شَرِيكَ لَهُ؛ لَهُ الْمُلْكُ وَ لَهُ الْحَمْدُ يُحْيِي وَيُمِيتُ بِيَدِهِ
الْحَيُّرُ وَ هُوَ عَلِيَّ كُلِّ شَيْءٍ قَدِيرٌ

Laa I laa ha il lal laa hu wah da hoo laa sha ree ka la
hu, la hul mul ku wa la hul ham du yuh yee wa yu mee
tu, wa hu wa a' laakul li shay in qa deer

After every salaah recite:

ayatul kursi and the 3 Quls, blow onto your palms, thereafter, rub over the body.

Make recitation of Quran a daily routine, especially Surah Yaseen, Surah Mulk, Surah Waaqiah, Surah Sajdah, Surah Kahaf.

Learn and recite the sunnah duas for each occasion. This will remove the effects of shaytaan when doing any action.

With every action also recite:

Bis-mil-laah بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Especially when:

Eating. This will ensure that the shayaateen do not eat with you.

Closing the windows and doors at night. This will ensure that the shayaateen do not spend the night in your home.

Entering and leaving the toilet.

Dressing and undressing.

Entering and leaving the home or workplace.

Being intimate with one's spouse.

SLEEP PARALYSIS

This is when you are asleep and you feel something is on top of you, pressing you down. It is a temporary inability to move or speak that takes place when you are waking up or falling asleep. In this situation you must:

Keep calm and do the following:

With your hands make intention to grab the thing that is on you even though you cannot move, shape your hands as if you are holding onto it, as tight as you can.

Then start reciting whatever you know of Quraan or

say Bismillah, Allahu Akbar, etc. in your mind until your tongue is free, then recite with your mouth, you must hold tight onto it and keep reciting preferably Ayatul Kursi until it dies or runs away.

Recite with an intention to fight, kill, and destroy whatever it maybe.

If it happens again repeat the steps above.

InshaAllah, once they know you can do this, they will stop.

WHEN HAVING A BAD DAY

Soak your feet up to the ankles into the Quranic water using a foot spa or dish etc. You can also place the hands up to the wrists in a bowl at the same time. Put some sidr powder, lime, lemon, ginger powder, sea salt, epsom salt, into the water if possible.

Recite surah falaq 100 times and surah naas 100 times, with intention of removing all jinn, magic, evil, etc., from your body, family, home, etc.

TO DEFEAT YOUR ENEMIES IN YOUR SLEEP

Recite the following ayah; surah 2 verse 148, 30 to 100 times:

أَيْنَ مَا تَكُونُوا يَأْتِ بِكُمْ اللَّهُ جَمِيعًا إِنَّ اللَّهَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ

Ay na maa ta koo noo ya' ti bi ku mull laa hu ja mee
aa.

In nal laa ha a' laakul li shay in qa deer

“Wherever you may be, Allah will summon you all.
Allah is Omnipotent”

Make fervent intention asking Allah (Ta'ala) to bring into your dreams all the people who are harming you.

Ask Allah (Ta'ala) to help you fight them. As soon as you see them, take control of your dream, by reciting Bismillah, Allaahu Akbar, Ayatul Kursi, any Quraan. Asking Allah (Ta'ala) for help, kill and destroy anything that you may see.

NOTE:

It does not mean that the person who you see in the dream is the one who has done things against you, as the jinn can take different forms to deceive and confuse you.

CURSE SALAAH DUE TO REPEATED ATTACKS

Once in a 12-day cycle, at the time of tahajjud, or after Esha perform 12 rakaat (2 at a time) Salaahatul Haajah. You can

also perform 2 rakaats daily. In all rakaats, after Surah Faatihah, in place of the surah, recite 100 times per rakaat:

رَبَّنَا آتِهِمْ ضِعْفَيْنِ مِنَ الْعَذَابِ وَالْعَنَهُمْ لَعْنًا كَبِيرًا

[الأحزاب: 68]

**Rabb a naa aa tee him dhi' fay ni mi nal a' zaa bi
Wal a'n hum la' nan ka bee raa**

**O Our Master, give them a double punishment
and place a great curse upon them.**

**As you recite, focus on the meaning of the Verse,
asking Allah (Ta'ala) to curse and destroy all the
enemies who have wronged you.**

IMPORTANCE OF HIJAAMAH, CUPPING IN RUQYAH?

Hijaamah (wet cupping) is extremely beneficial in Ruqyah treatment. Hijaamah allows the effect of the Ruqyah recitations to be multiplied as in comparison with recitations alone. This is because the incisions made on the body of the patient during the Hijaamah creates openings which give direct access to the body of the patient. The noor of the quraan easily penetrates the body and the cupping creates a vacuuming effect, sucking jinn, sihr, evil eye, etc. out of the body.

Anas ibn Maalik رضي الله عنه reported that the Messenger ﷺ said, "Indeed the best of remedies you have is cupping (hijamah)..." [Saheeh al-Bukhari (5371)].

Abu Hurairah رضي الله عنه reported that the Messenger ﷺ said, "If there was something excellent to be used as a remedy then it is cupping (hijamah)." [Sunan Abu Dawud (3857), Sunan ibn Majah (3476)].

Abdullah ibn Abbas رضي الله عنه reported that the Messenger ﷺ said, "I did not pass by an angel from the angels on the night journey except that they all said to me: Upon you is cupping, O Muhammad." [Sunan ibn Majah (3477)].

Abdullah ibn Mas'ud رضي الله عنه the angels said, "Oh Muhammad, order your Ummah (nation) with cupping (hijamah)." [Sunan Tirmidhi (3479)].

Anas ibn Maalik رضي الله عنه reported that the Messenger ﷺ said, "Whoever wants to perform cupping (hijamah) then let him search for the 17th, 19th and 21st day (of the Islamic, lunar month) and let none of you allow his blood to rage (boil) such that it kills him." [Sunan ibn Majah (3486)].

Abdullah ibn Abbas رضي الله عنه reported that the Messenger ﷺ said, "Healing is in three things: in the incision of the cupper, in drinking honey, and in cauterizing with fire, but I forbid my Ummah (nation) from cauterization (branding with fire)." [Saheeh al-Bukhari (5681), Sunan ibn Majah (3491)].

Jaabir ibn Abdullah رضي الله عنه reported that the Messenger ﷺ said, "Indeed in cupping (hijamah) there is a cure." [Saheeh Muslim (5706)].

Ibn Umar رضي الله عنه reported that the Messenger ﷺ said, "Cupping on an empty stomach* is best. In it is a cure and a blessing..." [Sunan ibn Majah (3487)].

Abu Hurairah رضي الله عنه reported that the Messenger ﷺ said, "Whoever performs cupping (hijamah) on the 17th, 19th or 21st day (of the Islamic, lunar month) then it is a cure for every disease." [Sunan Abu Dawud (3861)].

Ibn al-Qaiyum رحمته الله mentions that the Messenger ﷺ was cupped on his head when he was afflicted with magic and that it is from the best of cures for this if performed correctly. [Zaad al Ma'aad (4/125-126)].

Narrated By Abu Hurairah رضي الله عنه The Prophet ﷺ said: The best medical treatment you apply is cupping.

IMPORTANCE OF PSYCHOTHERAPY IN RUQYAH?

The Holy Prophet (Sallallahu Alayhi Wasallam) has given us duas to recite during times of extreme emotion, example: anger, sadness, fear, pleasure, worry, etc. These duas assist in protecting us from those shayaateen who take advantage of us when we become vulnerable due to emotions.

Definition

Psychotherapy is a mental technique which assists in relieving a person from the trauma that they have not overcome as yet. When we experience something painful,

it stays within us. It gives us negative feelings and abnormal reactions.

Psychotherapy is to remove the negative emotional effects of trauma. Once psychotherapy is done, we will still be able recall everything, draw lessons, etc. however we will no longer suffer the trauma of these past sufferings.

Psychotherapy assists in distinguishing between psychological problems and mystical problems. It is necessary to put things into perspective.

For example, if we speak about problems between couples, we must be able to differentiate between the normal problems which exist in the couple and the abnormal which will make us conclude that “This problem is not normal, the problem is connected to magic and jinn”.

Some patients suffer from serious psychological problems (this does not exclude them having problems of magic & jinn well).

Sometimes the psychological problem is greater than the mystical problem, or the psychological problem blocks the patient from being cured of magic & Jinn.

Due to a patient being highly affected psychologically, the situation gives strength to the Jinn and witchcraft, which will allow it to dominate the patient.

Therefore, it is necessary to treat the patient concurrently for psychological problems as well as for the Sihr problems.

The effects of the trauma weaken the patient; even if the person believes that they have overcome the problem, it is not really so: the trauma still remains in the subconscious, and this will always be a handicap which allows the Jinn to dominate him.

The shayaateen will make whisperings to the patient reminding of the trauma, aiming to bring about negative emotions which will then allow magic and jinn to dominate the patient.

Therefore, when anyone overcomes the effects of trauma, it makes him/her less vulnerable to the Jinn and to black magic.

If you are not getting better, consider the following:

Doing treatment without intentions.

Lack of conviction.

Not doing treatment or doing incomplete treatment.

Stopping treatment because you feel better without being completely cured.

Stopping treatment & losing hope in the event of things getting worse. In some situations, things get worse before they get better.

Cupping (hijamah) therapy with the ruqyah recitations not done as often as required.

Psychotherapy not done.

Over reliance on the Raaqi and not doing proper focused treatment.

Sinning whilst doing treatment.

Turning to previous raaqis and aamils.

Jumping from one treatment to the other.

Use of ta'weez and amulets during ruqyah treatment.

Repeat attacks from magicians.

Seeking spirituality amongst people who could be making shirk (ascribing partners with Allah (Ta'ala)).